

NORTH STARS GYMNASTICS

GAP MEET

[CLICK HERE TO REGISTER FOR THE GAP MEET - DEADLINE JUNE 10TH](#)

This is a great opportunity for your Advanced Recreational students to attend a meet and compete with athletes from other gyms to get that competitive experience!

When: Saturday, June 22nd 2024

REGISTRATION DUE BY June 10th

Event Address: 91 Fulton St. Suite 2, Boonton, NJ 07005

Report Time: 12:45pm

Open Stretch: 1:10pm

Start Time: 1:30pm

(Gap meets sessions can last 2-3 hours.)

Registration Fee: Gap meet fee is **\$65 Cash** or check to North Stars Gymnastics due by June 10th. We can also **charge your account \$70** on June 10th. If you register, you are committed to paying the registration fee.

\$15 - Spectator fee - cash at the door, \$10 - for children ages 5 yrs and under

PREP SESSION DETAILS

We will have 2 prep sessions per level for the girls to go over their routines for the Gap Meet. **You can sign up for this in the GAP Meet registration form. We need at least 6 participants in order to have a prep session, and there can be a maximum of 15. First come, first served.**

\$30 per child, CASH PREFERRED.

Saturday, June 15th

1:30-3:00pm or 3:00-4:30pm

All routine videos are listed on the website:

<https://www.northstargymnastics.com/junior-advanced-program>

What is a GAP Meet?

G : GYMNASTICS A : ATHLETIC P : PROGRAM

"Our goal for GAP is for every child to be able to participate in a GAP event...and show off what they have been taught."

G.A.P. is a co-op type program created by individual gym owners & directors to aid in the development of all-level gymnasts. Our Mission is to create an environment for athletes to see the betterment of the sport through a stress-free competition-style experience. GAP is not created to replace any existing gymnastic division but is meant to be an additional program for small business to offer their athletes.

WE BRIDGE THE "GAP" BETWEEN THE HIGHLY COMPETITIVE PROGRAMS IN YOUR GYM AND YOUR RECREATIONAL CLASSES.

We recognize the need to celebrate and reward athleticism through gymnastic accomplishments, and the need for small businesses to work together and support each other.

Participating gyms will host year-round, non-sanctioned events in which all athletes from clubs of the GAP program have a chance to be successful.

Questions? Contact us at 973-316-2507 or northstarsnj@optimum.net