

Sh'Nai Thompson

330 Front Street

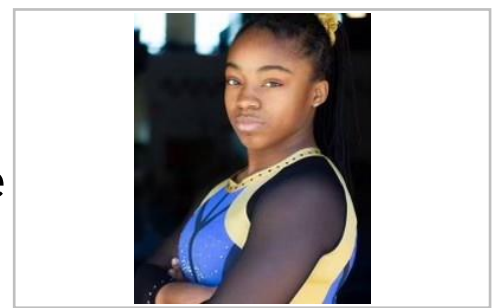
Dunellen, NJ 08812

908-941-6906

shnait07@yahoo.com

2025

# Gymnastics Candidate



athlete headshot photo

## ACADEMIC INFORMATION

High School: Dunellen High School

Graduation Year: 2025

SAT:

GPA:

Anticipated Major:

Guidance Counselor:

E-Mail:

Phone:

Volunteer Work:

Academic Honors & Awards:

## PERSONAL INFORMATION

Hobbies:

Date of Birth: 08/13/2007

Father:

(father e-mail)

(father phone #)

Mother: Shelise Doyle

sheliselynea@yahoo.com

908-917-6200

Personal Mission:

Gymnastics has been my voice. It has been my family, my friend, and will soon be my future. I look forward to expanding my gymnastics family once I find my place in the college world. Gymnastics has opened doors for so many, and I aim to advance my gymnastics career while advancing my education. One of my dreams is to compete internationally. I believe that willpower, belief, and ambition will make this dream a reality. And hey, you never know, maybe my ultimate dream of competing in the Olympics is within sight. Keeping my dreams alive - I am Sh'Nai LaRae

## ATHLETIC INFORMATION

NCAA Clearinghouse: (PIN Number here)

Club: North Stars

Club Coach:

E-Mail:

Phone:

Competition Level: 9

### Competition Skills:

VT - Yurchenko, Layout

UB - Pirouette, Shoot Over; Double Back

BM - Handspring, Layout; Side Aerial; Roundoff Full; Switch Leap, Tuck

FX - 1 1/2 Front Pike; Front Layout, Front Layout; Roundoff Handspring 1 1/2

### Future Skills:

VT - Yurchenko, Full; Yurchenko, 1 1/2

UB - Swing Half; Blind Full; Shoot Over to a Handstand

BM - Front Aerial, Back Handspring; Roundoff 1 1/2 Dismount; Kick Flip; Switch Side; Reverse Hecht

FX - Double Back; Front Layout, Front Full; 1 1/2 Fr Layout; Double Full; Double Pike; Double Back with Full

### Competition Achievements:

2019-level 7 vault state champion

2021-level 8 vault state champion; 2021-level 8 vault regional champion; 2021-level 8 regionals 3rd place on floor

2022-level 9 vault regional champion; 2022-level 9 eastern national 2nd place vault

Coaches' Comments: